REVIEW

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Iron and copper: critical executioners of ferroptosis, cuproptosis and other forms of cell death

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Abstract

Regulated cell death (RCD) is a regulable cell death that involves well-organized signaling cascades and molecular mechanisms. RCD is implicated in fundamental processes such as organ production and tissue remodeling, removing superfluous structures or cells, and regulating cell numbers. Previous studies have not been able to reveal the complete mechanisms, and novel methods of RCD are constantly being proposed. Two metal ions, iron (Fe) and copper (Cu) are essential factors leading to RCDs that not only induce ferroptosis and cuproptosis, respectively but also lead to cell impairment and eventually diverse cell death. This review summarizes the direct and indirect mechanisms by which Fe and Cu impede cell growth and the various forms of RCD mediated by these two metals. Moreover, we aimed to delineate the interrelationships between these RCDs with the distinct pathways of ferroptosis and cuproptosis, shedding light on the complex and intricate mechanisms that govern cellular survival and death. Finally, the prospects outlined in this review suggest a novel approach for investigating cell death, which may involve integrating current therapeutic strategies and offer a promising solution to overcome drug resistance in certain diseases.

Keywords Iron, Copper, RCD, Ferroptosis, Cuproptosis, ROS, Proteasome inhibition

Background

In multicellular organisms, the process of generating new cells and removing damaged or unwanted cells maintains a dynamic balance during the development and maintenance of homeostasis. Thus, cell death is essential for life. In 1972, Kerr et al. first proposed a new term 'apoptosis' and described its morphological features, which has been a classic pattern of programmed cell death [1]. Since the pioneering work of Kerr, the research on cell death has

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been raising the curtain. At present, the Nomenclature Committee on Cell Death (NCCD) classifies cell death into accidental cell death (ACD) and regulated cell death (RCD) [2]. In recent decades, the field of cell research has focused on RCD and found diverse ways of death to face different cell stresses, including apoptosis, necrosis, necroptosis, pyroptosis, parthanatos, entotic cell death, NETotic cell death, autophagy-dependent cell death, ferroptosis and cuproptosis [2, 3].

To date, several studies have linked iron (Fe) and copper (Cu) with multiple forms of RCD. Newly discovered RCDs, ferroptosis and cuproptosis are dependent on these two transition metal ions respectively, which distinguish them from other RCDs [4, 5]. Ferroptosis is an iron-dependent form of death induced by iron accumulation and excessive lipid peroxidation [6, 7]. Cuproptosis is a copper-dependent death in which cells die from copper direct binding to lipoylated component of



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the tricarboxylic acid (TCA) cycle and aggregating the enzyme, resulting in proteotoxic stress and further inducing cell death [5]. Except for ferroptosis and cuproptosis, iron and copper have also been reported to be inducers of known RCDs, including apoptosis, autophagy, necroptosis and pyroptosis, with different pathways.

To determine the effects of Fe and Cu on RCDs, we summarized almost all possible modes of iron and copper to impart significant cell damage and elaborated the mechanisms of iron- and copper-mediated diverse RCDs, including ferroptosis, cuproptosis, apoptosis, autophagy, necroptosis and pyroptosis (Fig. 1). In addition, we built relational models of ferroptosis and cuproptosis with other RCDs. Beyond this, we also listed the strategy targeting iron and copper for diverse diseases.

Iron and copper are both essential trace elements for the human body

Iron and copper belong to the first series of transition metals, which also includes chromium (Cr), manganese (Mn), cobalt (Co), nickel (Ni) and zinc (Zn). Iron and copper have similar characteristics, are both essential nutrients, are involved in fundamental biological processes and play a crucial role in health and disease [8, 9]. In living matter, iron and copper are able to easily interconvert between their reduced (Fe ²⁺, Cu ¹⁺) and oxidized (Fe ³⁺, Cu ²⁺) states to perform numerous biological functions, including redox reactions, electron transport, oxygen transport and energy metabolism [10–12].

Iron and copper can also influence the functions of proteins upon binding to these proteins. On the one hand, Fe and Cu must be bound and protected within the active sites of proteins [9]. For example, transferrin is bound to iron, facilitating the transport of iron in the bloodstream and supplying iron for tissues by binding to the transferrin receptor [13]. In addition, HAH1/ATOX1, as chaperones, bind and release Cu directly to their target proteins ATP7A and ATP7B to prevent the presence of free Cu ions [14]. On the other hand, they also drive catalytic reactions and work as vital cofactors in protein functions. For example, the activity of tyrosinase is copper-dependent because

The structure of the tyrosinase active site consists of a dual-core copper center and histidine residues [15]. Tyrosinase plays an important role in controlling the formation of melanin in melanosomes and preventing albinism, vitiligo, melanoma and Parkinson's disease with assistance from copper [15]. Iron is similarly required in numerous essential proteins, such as hemoglobin, myoglobin, enzymes of the electron transport chain, ironcontaining enzymes, iron storage proteins, ferritin and hemosiderin [16]. Copper is required for the function of several proteins, including superoxide dismutase, ascorbate oxidase, lysyl oxidase, ceruloplasmin, cytochrome c oxidase, tyrosinase, dopamine- β -hydroxylase and respiratory chain-related enzymes [17, 18].

In addition, their relationship is close. Copper may positively influence the transport of iron. Systemic copper deficiency blocks iron transport and accumulates



Fig. 1 Overview of modes of iron and copper to impart significant cell damage and types of RCDs are mediated by iron and copper

in tissues, ultimately generating cellular iron deficiency [17]. Conversely, iron may antagonize copper metabolism. High-dose iron supplementation resulted in copper depletion [19].

It should be mentioned that everything has both sides. Iron and copper are beneficial to life in moderate amounts, but excesses or deficiencies of these metal ions are harmful. On the one hand, when there is too much iron in the body, excess iron forms a labile iron pool, confers cell toxicity, and affects cell damage, which can lead to cancer, hematological diseases, brain injury and other chronic and commonly encountered diseases [20]. In addition, iron overload is a characteristic of ferroptosis that is a form of regulated cell death, leading to the accumulation of lethal levels of lipid hydroperoxides [6]. On the other hand, a shortcoming of iron is that it inhibits hemoglobin synthesis [21]. Long-term iron inadequacy also causes iron deficiency anemia with tissue damage named Paterson-Kelly or Plummer-Vinson syndrome, which occurs mostly with chronic iron deficiency anemia in middle-aged female patients [22]. Equally, insufficient or redundant copper is detrimental to the growth of organisms. The excess load of copper can enhance cell toxicity and oxidative stress and damage cell growth. Wilson disease is an autosomal dominant disorder characterized by excessive copper in tissues [23]. In the liver, too much copper also causes hepatic dysfunction, even driving fulminant hepatitis [24]. Insufficient copper is also harmful to cardiac function [23]. In addition, the lack of copper alters lipid metabolism and causes severe hypertriglyceridemia [25].

Modes of iron and copper to impart significant cell damage

Iron and copper have many of the same or different modes that stimulate a range of indirect negative effects, provoking cell impairment and eventually cell death [17]. Then, we introduce these modes and the specific mechanisms.

Common pathways of iron and copper Oxidative stress

Oxidative stress is a state of oxidation-antioxidant imbalance and generates large amounts of reactive

oxygen species (ROS). Moderate ROS levels assist in the control of cell proliferation and differentiation, but high concentrations of ROS are harmful to normal and cancer cells [26, 27]. When iron and copper are excessive, they may directly and indirectly contribute to ROS production and are detrimental to the cells [28]. Moreover, ROS induced by copper and iron can cause DNA double-strand breaks, cell cycle arrest, mitochondrial dysfunction, lipid peroxidation and protein modification, which may ultimately mediate diverse types of cell death [29–31] (Table 1).

The first mechanism by which Fe and Cu induce oxidative stress is through the Fenton reaction [32, 33, 37]. Through the Fenton reaction, Fe^{2+} and Cu^+ transform hydrogen peroxide into hydroxyl radicals (OH·). OH· is one of the most reactive species found in nature and is extremely toxic.

 $\begin{array}{ll} Cu-based \ Fenton \ reaction & Cu^+ + H_2O_2 \rightarrow Cu^{2+} + \\ OH^- + OH \cdot \\ Fe-based \ Fenton \ reaction & Fe^{2+} + H_2O_2 \rightarrow Fe^{3+} + \\ OH^- + OH \cdot \end{array}$

The second way of inducing oxidative stress is the consumption of antioxidants. There are two kinds of antioxidants. One class of them is low-molecular-weight antioxidants, including glutathione (GSH), ascorbic acid (vitamin C), alpha-tocopherol (vitamin E), carotenoids, flavonoids, and other antioxidants that are capable of chelating metal ions to inhibit their catalytic activity and reduce ROS [31]. The other is antioxidant enzymes, such as superoxide dismutase (SOD), glutathione peroxidase (GPX), thioredoxin and catalase [31].

Evidence of copper and iron leading to antioxidant deficiency can be clearly seen in the case of GSH. GSH plays a critical role in removing ROS and is a substrate for multiple enzymes that remove ROS. Copper and iron can catalyze GSH oxidation, which oxidizes reduced GSH to oxidized glutathione disulfide (GSSG) to reduce the concentration of GSH [38]. The depletion of GSH makes cells more sensitive to harmful stimuli, strengthens the cytotoxicity of ROS species, and makes metals more catalytic, resulting in cell death [39, 40].

 Table 1
 Iron and copper have same modes to damage cells

| | Specific manners | Negative effects | |
|-----------------------|---|---|--|
| Oxidative stress | Fenton reaction [32, 33] Consumption of GSH [34] | DNA damage, cell cycle arrest, mitochondrial dysfunction, lipid peroxidation and protein modification | |
| Proteasome inhibition | Copper and iron complexes bind to the 20S proteasome subunits and inhibit the activation of proteasome [35, 36] | Proliferation inhibition, cell cycle arrest, differentiation inhibition and apoptosis | |

Proteasome inhibition

Some studies have revealed that transition metal ions, including Cu, Fe, Aurum (Au) and Manganese (Mn), can inhibit the proteasome [35, 41, 42]. The proteasome is a 26S complex consisting of a 20S proteolytic core and two terminal 19S regulatory caps. The proteasome complex is responsible for the selective proteolytic processing of proteins in eukaryotic cells that regulate proliferation, the cell cycle, differentiation, signal transduction and apoptosis [43]. Iron and copper complexes can bind to the 20S proteasome subunits by noncovalent interactions and inhibit the activation of proteasome [35, 44]. In addition, iron and copper induce proteasome inhibition that promotes the intrinsic pathway of apoptosis via cytochrome c transfer to the cytoplasm and activation of the caspase cascade [36, 45] (Table 1).

Exclusive pathways to iron or copper

Iron has a separate function driving lipid peroxidation, while copper has separate functions, including breaking DNA directly, protein ubiquitination and driving protein lipoylation and aggregation (Table 2).

Cu induces DNA damage directly

Copper could influence DNA indirectly through ROS. Meanwhile, copper could also act on DNA directly in another way.

Copper could bind to DNA to form a bis-(1,10-phenanthroline) copper(II) complex, which may be inserted into the minor groove in the DNA. This DNA–copper complex is oxidized in the presence of an activator, especially hydrogen peroxide. Then, hydrogen bonds of the DNA– copper complex are hydrolyzed, and DNA is cleaved [46, 56]. Another study found that [Cu(N9-ABS)(phen)2] could also insert into DNA strands and cause bond hydrolysis with the help of ascorbate [47]. Meanwhile, if two phenanthroline ligands of copper(II) complexes could link by a serinol bridge at the 3 or 2 positions, their DNA bonding ability and nuclease activity will increase [48, 49]. Notably, a high affinity for DNA and cytotoxicity of the copper(II) complex appear in a variety of cells, including human gastric cancer BGC-823, leukemia cell line HL-60, prostate cancer PC-3 M-1E8, hepatoma cells Bel-7402, mammary tumor MDA-MB-435, and cervical cancer HeLa [50, 51].

Iron complexes that could bind and damage DNA were undetected. Instead, iron even assists DNA synthesis and repair and works as a cofactor of multiple enzymes, including multiple DNA repair enzymes (helicases, nucleases, glycosylases, and demethylases) and ribonucleotide reductase [57].

Copper induces protein ubiquitination

In addition to regulating the proteasome, copper also has another way to impact protein degradation. Recent work detected that Cu+ promoted multiple proteins ubiquitination and degradation by positive allosteric activation of the E2 conjugating enzyme clade UBE2D1–UBE2D4 [52]. Several lines of evidence suggest that protein ubiquitination is one of the causes of cell death. Almagro identified that the ubiquitination and phosphorylation of RIP1 are coordinated and interdependent, which irritates necroptotic signaling and cell death [58]. Hence, copper could promote cell death via protein degradation.

Copper induces protein aggregation

Studies have indicated that Cu(II) is effective at aggregating proteins [53]. Meanwhile, Fe(III) does not have this capability [59].

It has been presented previously that aggregating proteins are not critical for Cu cytotoxicity. In vitro, Cu(II) caused bovine albumin (BSA) to aggregate in a time- and concentration-dependent manner. It is possible that this aggregation is the result of covalently cross-linked multimers because Cu(II) is able to oxidize –SH groups in different molecules. In addition, Cu(II) plays an important

| | Specific manners | | Negative effects |
|------------------------|---|---|---|
| | Fe | Cu | |
| DNA damage | None reported | Cu complexes bind to DNA and hydrolyze hydrogen bonds [46–51] | DNA breaks |
| Protein ubiquitination | None reported | Cu+ binding allosterically activates E2D2 [52] | Proteins ubiquitination and degradation |
| Protein aggregation | None reported | Cu drives protein lipoylation or –SH groups oxidization induced protein aggregation [5, 53, 54] | Cuproptosis |
| Lipid peroxidation | Overloaded iron drives Fenton reaction producing excess PLOOH [6, 55] | None reported | Ferroptosis |

Table 2 Iron and copper have separate functions leading to cell death

role in the nonamyloid aggregation of H γ D crystallin in cataract disease. Copper ions alter the conformation of hexagonal D-crystallin, causing light-scattering aggregates with high molecular weights. Surprisingly, the interaction of Cu ions with H γ D crystallin also promotes protein folding [53]. In other diseases, such as Alzheimer's disease, copper can also cause protein aggregation [54].

Nonetheless, Tsvetkov et al. found that Cu drives protein lipoylation and aggregation, resulting in proteotoxic stress and further inducing cell death [5]. This illustrates an important point that protein aggregation is a probable reason leading to cell death.

Iron leads to lipid peroxidation

In ferroptosis, overloaded iron(II) produces a large number of ROS via Fenton reaction, promotes the production of lipid ROS, and then promotes ferroptosis [6]. Specifically, oxidized PL-PUFAs were oxidized again by ROS into PLOOH, which is involved in the occurrence of ferroptosis [55].

Iron and copper induce multiple forms of cell death

Iron and copper mediate many forms of cell death. One or both metals could induce ferroptosis, cuproptosis, apoptosis, autophagy, necroptosis and pyroptosis in different ways (Table 3).

Ferroptosis is induced by iron and copper

Iron and copper are able to induce ferroptosis [5, 6]. Ferroptosis was named a decade ago by the Stockwell lab and is a ROS-dependent RCD driven by iron accumulation and lipid peroxidation [6, 82]. Core steps of ferroptosis are reduction of iron, Fenton reaction, lipid peroxidation and deficiency of GSH (Fig. 2).

Iron-mediated ferroptosis

I. Reduction of iron Compared to Fe^{3+} , free Fe^{2+} ions show higher toxicity to induce ferroptosis. Fe^{3+} -

The transferrin (TF) complex binds with the membrane protein TFRC (transferrin receptor) and is imported into cells through endocytosis [83]. In endosomes, Fe^{3+} is reduced to Fe^{2+} by STEAP3 (STEAP3 metal-loreductase), and then Fe^{2+} is released into the cytosol through divalent metal transporter 1 (DMT1) [84]. Excess iron is mainly stored in ferritin or exported outside of the cell through membrane iron transporter 1 (FPN1). Only a small group of Fe^{2+} forms the labile iron pool (LIP), which plays a significant role in ferroptosis [85]. In addition, ferritinophagy also provides iron by

degrading ferritin. Sometimes, ferritinophagy can trigger autophagy-dependent ferroptosis [86].

II. Fenton reaction Generally, cells manage iron through absorption, output, utilization, and storage [87]. When intracellular iron is overloaded, on the one hand, highly oxidizing Fe2+ from LIP easily undergoes the Fenton reaction, produces hydroxyl radicals, provokes oxidative stress, causes superabundant ROS, and causes ferroptosis [88]. On the other hand, the cofactor Fe2+ facilitates the activity of a wide range of metabolic enzymes, promotes the production of lipid ROS, and ultimately promotes ferroptosis [84].

III. Lipid peroxidation Polyunsaturated fatty acids (PUFAs), such as adrenoyl (ADA) and arachidonoyl (AA), are the easiest lipids to oxidize in ferroptosis [89]. With the catalysis of ACSL4, PUFAs produce corresponding hydroperoxy derivatives. Next, LPCAT3 esterifies PUFA-COA into phosphatidylethanolamines (PL-PUFAs), which are primarily present in the endoplasmic reticulum. Subsequently, ALOX15 directly oxidizes PL-PUFA into PLOOH. PLOOH is lethal for cells as a peroxidized lipid that is reduced in GPX4 reduction-oxidation (REDOX) reaction. GPX4 converts GSH into oxidized glutathione (GSSG) and reduces cytotoxic lipid peroxides (L-OOH) to the corresponding alcohols (L-OH). GPX4 can be used as an inhibitor of ferroptosis [55].

IV. GSH deficiency System Xc^- is a membrane transport protein and consists of SLC7A11 and SLC3A2. System Xc^- transports glutamate outside and cystine inside cells at a ratio of 1:1 [90]. Cystine turns to cysteine, and then cysteine, glutamic acid and cysteine compose the antioxidant glutathione (GSH). GSH is a substrate for multiple enzymes that remove ROS and is also a necessary cofactor of GPX4. GPX4 can simultaneously convert reduced GSH into oxidized GSH, and this process provides motive forces to reduce lipid peroxidation [91]. Hence, when GSH is deficient, ROS are not eliminated, and GPX4 is unable to reduce lipid peroxidation.

Cu induces ferroptosis

In general, Fe is the ferroptosis-inducing factor. Interestingly, a study found that Cu also induced ferroptosis [81]. Gao et al. demonstrated that elesclomol-induced copper chelation promotes ferroptosis of colorectal cancer cells. On the one hand, the copper chelator elesclomol alone promotes the degradation of copper-transporting ATPase 1 (ATP7A), which is responsible for copper efflux. The degradation of ATP7A increases the amount of copper in cells. Excessive copper retention induces the

| or copper mediated cell death | Extrinsic apoptosis | Intrinsic apoptosis | Autophagy de death | pendent cell | Necroptosis | Pyroptosis | Ferroptosis | | Cuproptosis |
|-------------------------------------|---|--|--|---|---|---|---|---|---|
| Transition metal ions | Fe& Cu | Fe Cu | Fe | C | Fe | Fe | Fe | Cu | Cu |
| Main causes | None reported | ROS or proteasome inhibition | Ferritin- ophagy | Copper binds to ULK1/ULK2 and GPX4 proteins | ROS accumu- lation | ROS accumulation | ROS accu- mulation induces lipid peroxidation | ROS accumu- lation, Copper binds to GPX4 proteins | Cu binds to DLAT, drives DLAT lipoylation and aggrega- tion |
| Related genes | Fasf,Caspase8f, Caspase4f, Cas- pase31 | BCL-24, p-Drp14, BAX1, BCL-24, BAD1XIAP1, Caspase91, Drp11, Caspase31 Caspase91, p531,BAX1, XIAP1, Caspase91, Caspase31 | NCOA41, ATG31, ATG51, ATG71, ATG131, MAP1LC31 | ULK1/ULK21, p621, ATG31, ATG51, LC3b /LC3a1, BECN11 | p-RIPK1↑, p-RIPK3↑, p-MLKL↑ | Tom201, Baxf, Caspase-11, IL-161, IL-181, caspase31, NLRP31, GRP781, GSDMD1 caspase91, cleavage GSDME1, Caspase11 | TFRC1, STEAP31, DMT11,SLC7 A1114,SLC3 A24,GPX44,A LOX151 | ATP7A4, SLC7A114, GPX44 | SLC31A11, ATP7A, ATP8A, FDX11, DLAT1 |
| Morphologi- cal features | Chromatin condense of cytoplasm, formin, ies are phagocytized | ss, nucleus fragmentation, condensation g apoptotic bodies. Then apoptotic bod- by macrophages | The formation of ble membrane- autophagic vac Autophagosom to the lysosomes. autolysosomes. osomes are deg | of dou -layered uoles. e fuses ss, generating Autolys- iraded finally | Nuclear and organelle swelling, membrane rupture and DAMPs are released | Nucleus condensation, DNA fragmentation, membrane swelling and rupture, forma- tion of membrane vesicles, and DAMPs are released | Increased mito membrane der tion or disappe of mitochondri, and cell memb and blistering | chondrial sity, reduc- arance al cristae rane rupture | None reported |
| Reference | [44, 60] | [44, 61–65] [44, 60, 66–68] | [69–71] | [68, 72–74] | [75, 76] | [77, 78] | [6] | [72, 81] | [5] |

Table 3 Iron and/or copper mediate main causes, related genes and morphological features of cell deaths



Fig. 2 Iron and copper lead to ferroptosis. Iron induces ferroptosis through iron reduction, the Fenton reaction, lipid peroxidation and GSH deficiency. Elesclomol-induced copper also triggers the Fenton reaction, produces many ROS and triggers ferroptosis. The red arrow indicates Cu, and the blue arrow indicates Fe

Fenton reaction, produces many ROS and triggers ferroptosis [92]. On the other hand, ATP7A protects SLC7A11 from degradation, whereas elesclomol-mediated loss of ATP7A causes SLC7A11 downregulation and a lack of sufficient cystine in cells. GPX is unable to inhibit oxidative stress and further induce ferroptosis [81]. Apart from that, Qian et al. discovered that Cu^{2+} directly binds to the C107 and C148 cysteine residues of the GPX4 protein, which induces GPX4 protein aggregation. Then, the aggregates are recognized by the autophagic receptor TAX1BP1 (Tax1 binding protein 1) and degraded by the autophagy pathway. Subsequently, ferroptosis occurs in response to autophagy [72].

Cuproptosis is induced by copper

Tsvetkov et al. discovered a new form of RCD termed cuproptosis [5]. They revealed that an excess of Cu binds to the TCA cycle enzyme dihydrolipoamide S-acetyltransferase (DLAT), drives lipoylation and aggregation of the enzyme, results in proteotoxic stress and further induces cell death [5] (Fig. 3). Prior to this, previous studies found that Cu can interact with proteins and cause aggregation, but the reaction is not critical for Cu cytotoxicity [53, 54]. In addition, this death type does not correlate with reactive oxygen species production. Therefore, this innovative paper had been published, which caused a sensation.

The process of copper-mediated cuproptosis

I. The accumulation of copper The copper transporters SLC31A1 (CTR1), ATP7A and ATP7B are responsible for regulating the level of copper in cells [93]. SLC31A1 transports copper into cells, and ATP7A and ATP7B transport copper out of cells. In Tsvetkov's study, upregulated SLC31A1 and downregulated ATP7A/B increase copper levels and trigger copper–induced cell death.

In addition, there are useful tools that can bind to copper ions and help them enter cells, named copper ionophores [94]. These ionophores may increase intracellular copper toxicity. Consistent with regulation of copper transporters, Tsvetkov observed potent copper ionophore elesclomol increases copper accumulation and causes cuproptosis.



Fig. 3 Process of cuproptosis. Copper induces cuproptosis through copper accumulation and the TCA cycle, and FDX1 promotes lipoylation of DLAT. Excessive copper led to loss of Fe-S cluster proteins under the regulation of FDX1. The red arrow indicates Cu, and the blue arrow indicates Fe

GSH binding to copper is an important way to reduce copper accumulation. Tsvetkov et al. also found that the GSH synthase inhibitor BSO induced cuproptosis.

II. TCA cycle The TCA cycle can control cell fate and function, serving as an important route for oxidative phosphorylation and regulating redox, biosynthetic and bioenergetic balance [95]. Tsvetkov et al. found that copper might not attack respiratory electron transport chains or adenosine triphosphate (ATP) synthesis but rather tricarboxylic acid (TCA) cycle components.

Lipoylation is a posttranslational modification in which lipoic acid is attached to proteins. This modification is unique to the pyruvate dehydrogenase complex (PDC) in the TCA cycle [96]. In mitochondria, PDC catalyzes the conversion of pyruvate to acetyl coenzyme A. PDC contains 4 multimeric metabolic enzymes, and one of them is dihydrolipoamide S-acetyltransferase (DLAT).

III. FDX1 promotes lipoylation of DLAT FDX1 is a mitochondrial reductase that reduces Cu2+ to its cuprous and more toxic form, Cu1+. In addition, FDX1 binds and is inhibited by elesclomol [97]. However, in Tsvetkov's study, FDX1 is a newly-discovered upstream regulator of protein lipoylation. Excessive copper binds to DLAT lipoylated by FDX1, which causes aberrant oligomerization of DLAT and the formation of DLAT foci. Increased



Fig. 4 Iron and copper induce diverse types of cell death. **A** Iron and copper trigger external and internal apoptosis. In the internal pathway, they lead to mitochondrial dysfunction, regulate BCL–2 family proteins, and release cytochrome c through ROS and proteasome inhibition. Cytochrome c is dependent on BCL–2 family proteins that bind and activate apoptotic protease-activating factor 1 (APAF-1) as well as procaspase 9, forming an apoptosome. **B** Iron and copper lead to autophagy. Ferritin is degraded by autolysosomes, leading to abnormal iron accumulation and eventually triggering cell death. Copper binds to ULK1 and ULK2 directly, relieving ULK1/ULK2 inhibition and promoting autophagy. Copper also binds to GPX1 to induce autophagy. **C** Iron overload accelerates ROS accumulation and the RIPK1/RIPK3/MLKL pathway, opens the mitochondrial permeability transition pore (mPTP), eliminates mitochondrial membrane potential, and releases cytochrome c outside mitochondria and DAMPs to the extracellular space, resulting in definitive necroptosis. **D** Iron stimulates the production of ROS, which induces pyroptosis via the classical caspase-1-mediated pyroptotic pathway and caspase-3-dependent pathway. In the first pathway, iron-elevated ROS cause the oxidation and oligomerization of Tom20, which recruits Bax and facilitates cytochrome c release into the cytosol. Then, cytochrome c activates ROS accumulation, which activates the NLRP3/ASC/Caspase1 complex and hence induces pyroptosis. Copper also stimulates the production of ROS, induces ER stress and triggers the classical Caspase-1-mediated pyroptotic pathway through the IRE1α-XBP1 axis. The red arrow indicates Cu, and the blue arrow indicates Fe

levels of insoluble DLAT induce TCA cycle disturbance and cellular proteotoxic stress, which ultimately results in cell death.

The association of iron with cuproptosis

Although ferroptosis inhibitors do not inhibit copperinduced cell death in cells, excessive copper leads to a loss of Fe-S cluster proteins under the regulation of FDX1 [5] (Fig. 3). These observations are consistent with previous findings showing that the inhibition of Fe-S cluster formation significantly reduced mitochondrial lipoylation [98]. Nevertheless, the role of Fe-S in cuproptosis remains to be elucidated.

In addition, GSH is a known copper and iron chelate that can reduce metal ion toxicity. GSH serves as the principal substrate for GPX4 and acts as a suppressor of ferroptosis. The induction of cuproptosis by the GSH synthase inhibitor BSO shows that GSH serves the same function in cuproptosis. These observations raise the possibility of crosstalk between Cu and Fe.

Fe and Cu mediate apoptosis

Apoptosis is a classic RCD that can be induced by both external and internal factors. External apoptosis is initiated by cell membrane proteins known as death receptors [99]. Intrinsic apoptosis is initiated by cellular stimuli, including oxidative stress and DNA damage. Then, the stimulation disrupts mitochondrial functions and causes intrinsic apoptosis finally. The two major types of apoptosis pathways are caused by caspase 8/caspase 10 and caspase 9, which all activate caspase 3/caspase 7. Caspase3 and caspase7 are responsible for cleaving downstream caspases to execute apoptosis [100].

There are a number of reports about Fe- and Cu-mediated apoptosis (Fig. 4A). In those studies, ROS emerged as the main culprit that induced internal apoptosis [61]. Proteasome inhibition is another convict of internal apoptosis [36, 44].

Iron and copper can trigger intrinsic apoptosis. In osteoblasts, iron overload induces intrinsic apoptosis via ROS. Tian et al. noted that excess iron effectively causes apoptosis in osteoblasts in vitro. Iron overload leads to an increase in ROS that decreases and depolarizes MMP, increases Bax and cleaved caspase-3, and reduces Bcl-2. Changes in Bcl-2 and Bax expression also promote mitochondrial membrane permeability [61]. In addition, iron can bind to the 20S proteasome subunits and inhibit the activation of the proteasome, which induces the intrinsic pathway of apoptosis via cytochrome c transfer to the cytoplasm and activation of the caspase cascade [36, 45]. In Park's study, ferric ammonium citrate (FAC)-induced iron overload led to mitochondrial fission relying on Drp1 (Ser637) dephosphorylation and induced further apoptotic death in neurons. In addition, phosphorylation of Drp1 (Ser637) is dependent on calcineurin, which also plays an important role in intrinsic apoptosis in neurons [62]. Iron nanoparticles and induced intrinsic apoptosis. In non-small cell lung cancer cells, combined with actein, iron oxide (Fe3O4) magnetic nanoparticles facilitate proapoptotic proteins caspase 3, Bax and Bad and inhibit antiapoptotic proteins Bcl2 and BclXL. These eventually cause cell apoptosis [63]. Jalili et al. observed that with cold atmospheric plasma, iron nanoparticles caused growth of the BAX gene and a reduction in the BCL2 gene in human breast cancer cells [64]. Neshastehriz et al. found that iron oxide nanoparticles (gold-coated) could also contribute to apoptosis in human glioma cells **[65]**.

Cu²⁺ can also modify the permeability of mitochondrial membranes, cause mitochondrial membrane depolarization, decrease mitochondrial membrane potential, reduce cytochrome c oxidase activity, and eventually induce intrinsic apoptosis [30, 60, 66, 101]. Copper induces proteasome inhibition that promotes the intrinsic pathway of apoptosis. In prostate and breast cancer cells, Pang et al. observed that the diethyldithiocarbamate (DDTC)-copper complex suppressed proteasomal chemotrypsin-like activity, reduced various oncogenes, including androgen receptor (AR), estrogen receptor (ER) α and ER β proteins, and finally induced apoptosis [36]. Rochford et al. targeted four developmental cytotoxic copper(II) complexes and found that Cu(II) complexes increase BAX, XIAP, caspase 9, caspase 3, BCL-2, and BAX and ultimately lead to apoptosis [66]. Shao et al. revealed that Cu complexes activate Drp1, accelerate mitochondrial accumulation of p53, disturb MOMP, and release mitochondrial apoptotic proteins, resulting in eventual apoptosis [67].

Except for intrinsic apoptosis, Fe and Cu also induce external apoptosis. Dehydroabietic acid (DHC)-Fe(III) and DHC-Cu(II) trigger mitochondrial intrinsic and extrinsic apoptosis. These complexes activate caspase-9, increase Bax, reduce Bcl-2 (intrinsic pathway), and facilitate caspase-8/caspase-4 and Fas (extrinsic pathway) [44]. DHC- copper(II) also causes damage to cellular DNA, protein, and lipids, even whole MCF-7 cells [44]. Furthermore, another complex of copper ([Cu(o-phthalate) (1,10-phenanthroline)] (Cu-Ph)) could induce apoptosis via caspase 9 and caspase 8 [60].

Fe and Cu mediate autophagy

Several studies have documented that iron mediates autophagy (Fig. 4B), a process named ferritinophagy. Ferritinophagy is the process of autophagic degradation of the iron-storage protein and production of free iron ions [69]. In most eukaryotic cells, ferritin is the major intracellular iron storage protein that is composed of FTH1 and FTL. Ferritin is degraded by ferritinophagy after binding to a cytosolic autophagy receptor, NCOA4 [70]. The silencing of NCOA4 exerts an inhibitory effect on erastin-induced ferroptosis, while the overexpression of NCOA4 exerts a facilitatory effect on ferroptosis by promoting ferrite degradation [71]. Furthermore, genetic inhibition of ATG3, ATG5, ATG7, ATG13, or MAP1LC3 prevents cancer cells and fibroblasts from undergoing ferritinophagy in vitro in response to erastin treatment or cysteine depletion [102]. In summary, ferritinophagy results in abnormal iron accumulation and eventually induces ferroptotic death.

Cu complexes also lead to autophagy [68, 73, 74]. Qian et al. discovered that Cu2+ binds to the GPX4 protein and induces GPX4 protein aggregation and TAX1BP1-dependent autophagic degradation [72]. Tsang et al.

found that copper could directly bind to ULK1 and ULK2, relieve ULK1/ULK2 inhibition and promote autophagy, while iron had no such outcome. In addition, genetic loss of the Cu transporter Ctr1 inhibits the interaction of copper and ULK1/2 [73]. Notably, whether the reduced or oxidized states of copper bind to ULK1/2 was not stated. Some studies also discovered that copper increased the expression of autophagy-related genes, such as LC3b/LC3a, p62, Atg3, Atg5 and BECN1 [68, 74].

Fe mediates necroptosis

Fe also triggers necroptosis (Fig. 4C), with few papers reporting. Necroptosis, an alternative form of programmed necrosis, is executed by a complex composed of RIP1 and RIP3 and aggravates MLKL phosphorylation via inhibition of caspase-8. Tian et al. demonstrated that iron overload triggers the openness of the mitochondrial permeability transition pore (mPTP), the loss of mitochondrial membrane potential and ultimately necroptosis via induction of ROS accumulation and the RIPK1/ RIPK3/MLKL necroptotic pathway in osteoblastic cells [75]. There is still a lack of particular mechanistic findings except for Tian's study, which proposed that gallic acid could lead to diverse types of cell death, including apoptotic, ferroptotic and necroptotic pathways. These three types of cell death could be inhibited by the iron chelator DFO, which proved that necroptosis is irondependent [103].

Fe and Cu mediate pyroptosis

Several pathways contribute to pyroptosis, including the Caspase-1 activation-mediated classical pyroptotic pathway, Caspase-4/5/11-dependent nonclassical pyroptotic pathway, Caspase-8-dependent pyroptotic pathway and Caspase-3-dependent pyroptotic pathway [104].

It is now well established from several studies that iron is a crucial inducer of pyroptosis (Fig. 4D). Zhou et al. illustrated that iron-elevated ROS can trigger Caspase-3-dependent pyroptosis via the Tom20-Bax-caspase3-GSDME pathway. In melanoma cells, ROS induce the oxidation and oligomerization of Tom20, which is located in the mitochondrial outer membrane, upon iron stimulation. Oxidized Tom20 recruits Bax to mitochondria, and then Bax accelerates cytochrome c release into the cytosol. This cytochrome c next activates caspase-9, which activates caspase-3. This caspase-3 further cleaves GSDME and ultimately indicates the occurrence of pyroptotic death [77]. In addition, another study focused on iron-induced classic pyroptosis mediated by Caspase-1 activation. One study found that iron loading and the Fenton reaction significantly increase oxidative stress and pyroptosis. In hepatocytes and macrophages, iron overload aggravates oxidative stress and significantly increases the protein levels of ADAM17, ADAM10, CD163, ATG5 and especially Caspase1, which partially suggests that iron induces pyroptosis [78].

Copper can also induce pyroptosis by relying on ROS accumulation [105]. In hepatocytes, copper significantly increases the expression of pyroptosis-related genes at the mRNA level (Caspase-1, IL-1 β , IL-18 and NLRP3) and at the protein level (Caspase-1) [79]. Conversely, excessive copper-induced pyroptosis is reversible with an ROS scavenger (NAC, N-acetylcysteine) and a caspase inhibitor (Z-YVAD-FMK) [79]. Similarly, Liao et al. found that Cu(II) exposure causes ER cavity expansion and elevates pyroptosis-related genes, such as NLRP3, GRP78 and Caspase-1, GSDMD, and IL1B, in the jejunum in vivo and in vitro. Importantly, 4-phenylbutyric acid (ER stress inhibitor) and MKC-3946 (IRE1 α inhibitor) markedly suppress the ER stress-triggered IRE1 α -XBP1 pathway, which alleviates Cu-induced pyroptosis [80].

The crosstalk of ferroptosis and cuproptosis with other forms of cell death

Several types of cell death, including apoptosis, autophagy, necroptosis, pyroptosis and cuproptosis, are related to ferroptosis. However, the cross between cuproptosis and other forms of RCD has not been reported.

Ferroptosis is associated with apoptosis. p53 participates in the regulation of both ferroptosis and apoptosis. P53 is an important regulator of apoptosis, and a large number of apoptotic factors are dependent on P53 activation to regulate apoptosis. In addition, p53 can trigger apoptosis by provoking mitochondrial translocation and accelerating cytochrome c release directly [106]. p53 also plays an important role in the regulation of ferroptosis. P53 can promote ferroptosis by hindering system Xc- uptake of cystine by downregulating the expression of SLC7A11, thereby reducing the activity and antioxidant capacity of GPX4 [107]. Further studies have found that the P53-SAT1-ALOX15 pathway is involved in the occurrence of ferroptosis. p53 can promote SAT1 gene regulation at the transcriptional level, which induces lipid peroxidation and ferroptosis. This reaction may depend on ALOX-15 because SAT1-induced ferroptosis is significantly abolished after PD146176 (a specific inhibitor of ALOX15) treatment [108, 109]. In addition, IFN- γ is also an inducing factor of apoptosis and ferroptosis in addition to p53. In various cancer cell lines, IFN-y induces apoptosis by activating JAK/STAT1/caspase signaling [110–112]. In melanoma cells, IFN-y also triggers apoptosis via the IRF3/ISG54/caspase 3 pathway [113]. After PD-1 treatment, tumor-infiltrating CD8+ T cells secreted IFN-y in response to nivolumab, an anti-PD-L1 antibody.

In cancer cells, the released IFN- γ reduces the uptake of cysteine and the excretion of glutamate, which leads to lipid peroxidation and results in ferroptosis [114].

Other studies have shown that autophagy also plays a role in the occurrence of ferroptosis [107, 115]. Activation of autophagy can cause changes in ferritin. In the ATG5-ATG7-NCOA4 pathway, the process of ferritinassociated autophagy that is mediated by NCOA4 can increase the content of unstable iron in cells, thus promoting ferroptosis [71]. In addition, lipophagy, another form of autophagy, promotes ferroptosis through lipid droplet degradation, promoting lipid peroxidation. This evidence indicates that silencing of the lipid droplet cargo receptor RAB7A or ATG5 inhibits lipid peroxidation and ferroptosis [116, 117]. This contrasts with the overexpression of TPD52, which increases lipid storage and inhibits ferroptosis [117, 118]. Therefore, lipophagy regulates ferroptosis depending on the imbalance between lipid storage and degradation. In addition, an important autophagy protein, BECN1, inhibits the activity of system xc- and induces ferroptosis [119, 120].

Necroptosis and ferroptosis often co-occur in diverse diseases. In hemorrhagic stroke, ferroptotic (activating phospho-ERK1/2) and necroptotic cell death (increasing RIP1 and RIP3 mRNA expression and activating phospho-RIP1) simultaneously occur [121]. Basit et al. investigated whether inhibition of mitochondrial complex I causes mitochondrial permeability transition pore opening and mitochondrial membrane potential depolarization, further increases mitophagy-dependent ROS, and finally results in ferroptotic and necroptotic cell death in melanoma cells [122]. HSP90 triggers necroptosis and ferroptosis by phosphorylating RIP1 and reducing GPX4 activation [76]. Beyond this, necroptosis occurs as a result of ferroptosis. It has been shown that ferroptosis causes an inflammatory response, leading to necroptotic cell death and perpetuating chronic kidney disease in nephrotoxic acute kidney injury models [123]. Iron overload, which contributes to ferroptosis, triggers mitochondrial permeability transition pore (MPTP) opening, phosphorylates RIP1 and induces necroptosis [75, 76].

Pyroptosis and ferroptosis often occur simultaneously in diverse diseases as well. In colorectal cancer, NFS1 knockout combined with oxaliplatin causes PANoptosis (ferroptosis, pyroptosis, apoptosis and necroptosis) by increasing ROS [124]. Pyroptosis also acts cooperatively with ferroptosis. Yu et al. illustrated that target genes related to ferroptosis and pyroptosis may improve the prognosis of head and neck squamous cell carcinoma [125]. In addition, scRNA-seq analysis proved that vitiligo may be induced by ferroptosis and pyroptosis in epidermal melanocytes [126]. In chronic heart failure, MLK3 regulates NF- κ B/NLRP3 signaling pathway-mediated inflammation and pyroptosis, while MLK3 mainly regulates JNK/p53 signaling pathway-mediated oxidative stress and ferroptosis. These two forms of death cause myocardial fibrosis in the different stages of chronic heart failure [127]. Pyroptosis and ferroptosis have the same point, lipid peroxidation. Lipid peroxidation is a key factor in ferroptosis, which is also detected as rising sharply during cell membrane rupture in noncanonical pyroptosis. The occurrence of ferroptosis depends on excessive lipid peroxidation for its cytotoxicity, while pyroptosis does not [128].

Ferroptosis is also related to cuproptosis. It was recently revealed that the ferroptosis inducers sorafenib and erastin promote cuproptosis by enhancing copperdependent lipoylated protein aggregation in primary liver cancer cells [129]. In a lung cancer cell line, the expression of cuproptosis regulators was significantly altered after the knockdown of several ferroptosis regulators (SL31A1, TFAM and ATF2) [130]. Specifically, the expression of SL31A1 is increased after the knockdown of PTEN, ATP7A is upregulated after the knockdown of TFAM, and LIPT1 is downregulated after the knockdown of ATF2 [130]. In addition, very recent studies that analyzed public datasets discovered that ferroptosis- and cuproptosis-related genes have strong correlations and are significantly changed in multiple diseases [130–136]. For example, overlapping genes related to ferroptosis and cuproptosis (POR, SLC7A5, and STAT3) were significantly correlated with sepsis-induced cardiomyopathy [131]. Shen et al. established a CuFescore model, an unsupervised cluster for cuproptosis/ferroptosis regulators, to predict the prognosis of lung cancer patients, which is strongly correlated with immune checkpoints and mutations [130]. These recommendations will be further verified in future experiments.

Although none of the studies reviewed the cross between cuproptosis and apoptosis, autophagy, necroptosis and pyroptosis, some clues offer the possibility. A review summarized the promotion effects on RCDs of tumor suppressor p53, including apoptosis, ferroptosis, parthanatos, programmed necrosis, and autophagic cell death. They stated that p53 might also play a role in cuproptosis because the gene regulates the biogenesis of iron-sulfur clusters and the copper chelator glutathione, which are two critical components of the cuproptotic pathway [137]. Another clue is that the gene HMGB1 (high-mobility group box 1) is involved in both cuproptosis and autophagy. HMGB1 is a regulator of autophagy [138]. On the one hand, autophagy increases HMGB1 release; on the other hand, HMGB1 binds with autophagy-related proteins and triggers autophagy, such as BCN1, RAGE and HSP90AA1 [139, 140]. A recent study reported a novel metabolic mechanism of cuproptosis in which cuproptosis-induced ATP depletion activates AMPK and downstream HMGB1 (high-mobility group box 1), releases HMGB1 into the extracellular space and ultimately leads to inflammation [141].

Iron and copper targeting strategies

Based on the importance of copper and iron in diseases, a multitude of strategies have been developed to regulate intracellular copper and iron levels. One of the major roles of those agents is developing novel anticancer therapies. Iron and copper are vital for tumorigenesis and cancer progression. In particular, cancer cells have been shown to have higher iron requirements than normal cells, often referred to as 'iron addiction' [142]. Two polar opposite approaches have been taken for therapeutic benefit: intracellular iron and copper deprivation or deliberate utilization of excess iron and copper in cancer cells to selectively deliver cytotoxic levels of ROS and induce cell death [143]. Both mechanisms act in cancer cells, suggesting that iron/copper depletion and iron/ copper supplementation may be viable approaches. The two therapeutic strategies are also applied to multiple diseases.

Iron and copper targeting strategies have been used extensively (Table 4). For example, some classic iron chelators have been widely used in the treatment of iron overload disorders, including deferasirox (DFX), deferiprone (DFP), deferitazole, desferoxamine (DFO) and triapine [144]. However, they have varying degrees of toxicity and limited therapeutic effects [145]. A possible counter to this may be through the use of iron and copper binding protein-conjugated chemotherapeutic agents to increase the specificity of drug delivery [146–149]. Another emerging and precise anticancer strategy to regulate iron and copper levels is the use of nanomedicines. In addition, combination therapies of the above methods may be a better way to cure patients and help them evade the effects of iron and copper toxicity. For example, the natural compound curcumin acts as a copper transporter and has been used to kill cancer cells through intracellular copper delivery [150, 151]. Using nanotechnologies, curcumin nanoparticle-vesicular delivery into cancer cells is more effective because of its higher aqueous solubility and specificity [152].

Conclusions and future perspectives

Iron (Fe) and copper (Cu) are the first series of transition metals that are essential nutrients, are involved in fundamental biological processes and play a crucial role in health and disease. Moderate Fe and Cu are beneficial to life, but excesses or deficiencies are harmful. Therefore, Fe and Cu are sometimes toxic to cells. Iron and copper own or co-own modes that lead to cell impairment and eventually cell death.

In this review, we described some modes of iron and copper that may be deleterious to cell growth directly or indirectly. We found that iron and copper are able to impair cells through excessive ROS and proteasome inhibition. In addition, iron can drive lipid peroxidation, which leads to ferroptosis, while copper can bind and break DNA and bind and activate E2D2-inducing protein ubiquitination and degradation.

and drive protein lipoylation and aggregation, inducing cuproptosis as well.

Notably, it is important to tell the real reason for DNA damage: iron and copper influence ROS, evocating

 Table 4
 Iron and Copper-targeting agents

| Role | Туре | Agent |
|------------------------|-----------------------------------|---|
| Iron supplementation | Iron ionophore | Dithiocarbamates (DTCs), Thiosemicarbazones (TSCs), Hydroxyquinolines (HQs), Hydroxyflavones (HFs) [153] , Sulfasalazine [154], |
| | Iron oxide nanoparticles | Sorafenib [155], Withaferin A [156] ,FePt-NP2 [157], C' dots [158], IKE nanoparticles [159], Artesunate [160] |
| | Iron chaperones conjugated agents | MPTC-63 [146], H-ferritin (HFn) [149] |
| | Natural compounds | Curcumin (Cur) [150, 151]. |
| Iron depletion | Iron chelators | Dexrazoxane [161], Ciclopirox [162], DFX [163], DFP [164], Deferitazole [165], Dp44mT, DFO [166], Triapine [167], Super-polyphenols 6 and 10 [168], |
| Copper supplementation | Copper ionophore | 8-hydroxyquinoline [169] ,Elesclomol [170], Disulfiram [171], and NSC319726 [5] ,Clioquinol |
| | Copper nanoparticles | DSF@PVP/Cu-HMPB [172], Copper-cysteamine nanoparticles [173] |
| | Natural compounds | Anthocyanidins [174] |
| Copper depletion | Copper chelators | Tetrathiomolybdate [175], Penicillamine [176], Trientine [177], ATN-224 [152], Trieth- ylenetetramine [178], EDTA [179], Trientine dihydrochloride [180] |
| | Natural antidotes | Turmeric [181], Chalkophomycin [182] |
| | Inhibitor of copper chaperones | DCAC50 [147] |
| | | |

DNA damage indirectly, or copper binds and breaks DNA directly. In addition, it is also noteworthy to judge whether protein ubiquitination induced by copper harms cells. Copper promotes target polyubiquitination and can thus regulate the degradation rate of many proteins that are also favorable for cell growth. For example, protein ubiquitination induced by copper is helpful in development and head formation in Drosophila [52]. Cu+ can also promote p53 degradation by allosterically activating E2D2 and facilitate the growth of cancer cells [52, 183]. Furthermore, ubiquitination and the proteasome pathway act in a synergistic fashion for protein degradation. However, copper, which promotes protein ubiquitination and proteasome inhibition, exerts opposite effects on the regulation of proteins. Therefore, these two characteristics of Cu may be analyzed separately.

Iron and copper mediate diverse forms of cell death. Both Fe and Cu can induce extrinsic and intrinsic apoptosis, autophagy, ferroptosis and pyroptosis. Only iron is capable of inducing necroptosis, while copper is able to trigger cuproptosis. From the studies discussed thus far, copper has more functions to induce cell death, which acts on proteins compared to iron. We hypothesize that copper may also trigger necroptosis or ferroptosis by impacting protein structure and function, which may provide a new research direction.

Types of cell death may be related to one another, and iron- and copper-mediated cell death is likely to be interrelated as well. Ferroptosis, as an independent mode of cell death, is related to apoptosis, autophagy, necroptosis, pyroptosis and cuproptosis, which have been extensively reported. However, only very few findings have offered clues regarding the cross between cuproptosis and other forms of RCD. There are several ways of cross talk between RCDs. First, causal relations between autophagy and ferroptosis, ferroptosis and necroptosis and ferroptosis and cuproptosis are present. Two different types of autophagy, ferritinophagy and lipophagy, producing excessive free iron ions and fatty acids, respectively, result in ferroptosis. Ferroptosis contributes to the occurrence of necroptosis. Ferroptosis inducers and regulatory genes also contribute to the occurrence of cuproptosis. Second, there are some common points between apoptosis and ferroptosis, pyroptosis and ferroptosis and cuproptosis and multiple RCDs. IFN-y works as both apoptosis- and ferroptosis-inducing factors. Pyroptosis and ferroptosis have the same point, lipid peroxidation. p53 has promoting effects on RCDs, including apoptosis, ferroptosis, cuproptosis, and autophagic cell death. HMGB1 also plays an important role in cuproptosis and autophagy. Third, necroptosis, pyroptosis and ferroptosis, as well as ferroptosis and cuproptosis, often cooccur in diverse diseases. Fourth, pyroptosis also acts cooperatively with ferroptosis to lead to many diseases. The cross-talk between ferroptosis and cuproptosis with other cell death provides the possibility of joint application of existing treatment schemes and helps to solve drug resistance issues in some diseases, which may provide a new research direction.

Cell death has advantages and disadvantages for individuals. On the one hand, the low viability of normal cells compromises individual survival. On the other hand, tumor cell death is beneficial to life prolongation. In this study, we described iron- and copper-induced cell death. Saving normal cells alive or killing cancer cells by regulating iron- and copper-mediated cell death may be a smart approach. In addition, the pattern and relationships between ferroptosis and other forms of death involvement in diseases determine the drugs that can be adopted to prevent uncontrolled cell death.

Does copper also contribute to necroptosis? What is the relationship between cuproptosis and different types of cell death? Is it synergy or antagonism? Whether similarities and differences between copper and iron can help us explore the detailed mechanisms of cell death mediated by them. Whether these various modes of cell death can be integrated into a complete regulatory network still requires further exploration.

Abbreviations

| RCD | Regulated cell death |
|------------|--|
| e | Iron |
| Cu | Copper |
| NCCD | Nomenclature committee on cell death |
| ACD | Accidental cell death |
| ГСА | Tricarboxylic acid |
| Cr | Chromium |
| Иn | Manganese |
| Co | Cobalt |
| Ni | Nickel |
| Zn | Zinc |
| HAH1/ATOX1 | Antioxidant 1 copper chaperone |
| ATP7A | ATPase copper transporting alpha |
| ATP7B | ATPase copper transporting beta |
| ROS | Reactive oxygen species |
| ЭH· | Hydroxyl radicals |
| GSH | Glutathione |
| SOD | Superoxide dismutase |
| GPX | Glutathione peroxidase |
| GSSG | Glutathione disulfide |
| Au | Aurum |
| JBE2D1 | Ubiquitin conjugating enzyme E2 D1 |
| JBE2D4 | Ubiquitin conjugating enzyme E2 D4 |
| RIP1 | Receptor interacting serine/threonine kinase 1 |
| BSA | Bovine albumin |
| PL-PUFA | Phospholipid -polyunsaturated fatty acid |
| PLOOH | Phospholipid hydroperoxides |
| ΓF | Transferrin |
| TFRC | Transferrin receptor |
| STEAP3 | STEAP3 Metalloreductase |
| DMT1 | Divalent metal transporter 1 |
| PN1 | Membrane iron transporter 1 |
| _IP | Labile iron pool |
| ADA | Adrenoyl |

| AA | Arachidonoyl |
|-------------|---|
| ACSL4 | Acyl-CoA synthetase long chain family member 4 |
| LPCAT3 | Lysophosphatidylcholine acyltransferase 3 |
| ALOX15 | Árachidonate 15-lipoxygenase |
| REDOX | Reduction-oxidation |
| 1-00H | lipid peroxides |
| I-OH | alcohols |
| TAX1BP1 | Tax1 binding protein 1 |
| SIC7A11 | Solute carrier family 7 member 11 |
| SLC3A2 | Solute carrier family 3 member 7 |
| DI AT | Dibydrolinoamide S-acetyltransferase |
| SIC31A1 | Solute carrier family 31 member 1 |
| ATD | Adapasina triphosphata |
| HMCR1 | High mobility group box 1 |
| | Pyruvate debydrogenace complex |
| FDC EDV1 | Forradovin 1 |
| | Matrix matallanantidasa |
| Davi | |
| DdX DdJ | DCL2 associated A |
| BCI-2 | BCL2 apoptosis regulator |
| FAC | Ferric ammonium citrate |
| Drpi | Dynamin I like |
| DDIC | Diethyldithiocarbamate |
| AR | Androgen receptor |
| ER | Estrogen receptor |
| XIAP | X-Linked inhibitor of apoptosis |
| MOMP | Major outer membrane protein |
| DHC | Dehydroabietic acid |
| Fas | Fas cell surface death receptor |
| FTH1 | Ferritin heavy chain 1 |
| FTL | Ferritin light chain |
| NCOA4 | Nuclear receptor coactivator 4 |
| ATG | Autophagy related |
| MAP1LC3 | Microtubule associated protein 1 light chain 3 alpha |
| ULK | Unc-51 like autophagy activating kinase |
| p62 | Sequestosome 1 |
| LC3 | Microtubule associated protein 1 light chain 3 |
| BECN1 | Beclin 1 |
| mPTP | Mitochondrial permeability transition pore |
| Tom20 | Translocase of outer mitochondrial membrane 20 |
| GSDME | Gasdermin E |
| ADAM | ADAM metallopeptidase domain |
| CD163 | CD163 molecule |
| P53 | Tumor protein P53 |
| SAT1 | Spermidine/spermine N1-acetyltransferase 1 |
| JAK | Janus kinase 1 |
| STAT1 | Signal transducer and activator of transcription 1 |
| IRF3 | Interferon regulatory factor 3 |
| ISG54 | Interferon induced protein with tetratricopeptide repeats 2 |
| RAB7A | Member RAS oncogene family |
| TPD52 | Tumor protein D52 |
| HSP90 | Heat shock protein 90 |
| MI K3 | Mitogen-activated protein kinase kinase kinase 11 |
| NF-ĸB | Nuclear factor kappa B subunit 1 |
| NLRP3 | NLR family pyrin domain containing 3 |
| JNK | Mitogen-activated protein kinase 8 |
| DEX | Deferasirox |
| DEP | Deferiprone |
| DEO | Desferoxamine |
| DTCs | Dithiocarbamates |
| TSCs | Thiosemicarbazones |
| HOC | Hydroxyauinolines |
| | Hydroxydunoines |
| 111.5 | i iyuloxyilavolles |

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Authors' contributions

YL, QC, ZL, YR, XC provided the idea, YL wrote the manuscript, YD and YZ revised the article, and GC supervised this study.

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